

## **Lisa A. Burke, N.D., CTN, NCBTMB**

---

### **QUALIFICATIONS**

- \* Traditional Naturopath, N.D.
- \* Certified Traditional Naturopath, CTN
- \* Nationally Certified Therapeutic Massage and Bodywork, NCTMB
- \* Integrated skills and knowledge of advanced concepts in alternative therapies in natural health and science
- \* Consumer education in holistic lifestyle management
- \* Practicing dietary/holistic lifestyle for 15 years
- \* Excellent written and communication skills

### **WORK HISTORY**

#### ***2006-Current***

Clayton College of Natural Health

Assistant Professor of Traditional Naturopathy and Practitioner Education

- Academic support for students, as well as professional and collegial support to admissions and academic staff, and members of the natural health community.
- Evaluation and review of consulting practicum's
- Practitioner Education Committee Coordinator
- Expanded duties include the development, proofreading, content and technical review, implementation, and expansion of curriculum programs and web services.

#### ***1998-Current***

*Therapeutic Frontiers*

Neuromuscular/Naturopathic Consultant/Practitioner

- Preparation of client health care assessments and suggested plans including holistic nutrition and dietary recommendations, natural supplements, lifestyle modifications, and exercise curriculums.
- Seminars on health, nutrition and lifestyle management.
- Neuromuscular Therapist responsible for utilizing effective treatments to promote increased mobility and tissue warmth, reduction or cessation of pain and stress, relaxation of the connective tissue and softening of the nodular mass at a trigger site.

#### ***2004-2005***

*Rising Spirit Institute of Natural Health*

Instructor/Clinic Supervisor

- Lecturing, practical lab instruction, and curriculum administration for Swedish massage program, including anatomy and physiology, and business management.
- Additional education and lectures on alternative therapies including nutrition, lifestyle management and the mind-body connection.
- Clinic supervisor for student's hands-on massage of the general public to insure proper techniques, documentation, body mechanics, and communication skills prior to graduation.

#### ***2004 - 2005***

*High Tech Institute*

Associate Degree Instructor

- Lecturing, practical lab instruction, curriculum/course development, and

administration for massage therapy program, including: anatomy and physiology, pathology, business management, and various modalities of massage including Swedish, Deep Tissue, Trigger point therapy, Reflexology, Polarity therapy, Oriental Medicine, Sports massage, Craniosacral therapy, and Shiatsu.

- Additional education and lectures on alternative therapies including nutrition, lifestyle management, and the mind-body connection.

**1998-1999, 2002-2004**

*Merchants Walk Wellness Center*

Neuromuscular Therapist/Consultant

- Neuromuscular massage and therapeutic skills to provide assessment, treatment, education, and pain management.
- Education and orientation in the field of natural health alternatives including nutrition, dietary recommendations, lifestyle management, and the interconnections between the mind /body and its effects on wellness and disease.

**2001-2003**

*Advantage Family Chiropractic*

Neuromuscular Therapist/Consultant

- Neuromuscular massage and therapeutic skills to provide assessment, treatment, education, and pain management.
- Education and orientation in the field of natural health alternatives including nutrition, dietary recommendations, lifestyle management, and the interconnections between the mind /body and its effects on wellness and disease.

**EDUCATION and CERTIFICATION**

Clayton College of Natural Health (ND, Doctor of Naturopathy)

Clayton College of Natural Health (B.S. Natural Health)

New Life Institute School of Massage Therapy ( NMT)

**COMMUNITY AND PROFESSIONAL ACTIVITIES**

- Toastmasters CCNH club member 2007 – present
- Toastmasters CCNH club president 2008 – 2009
- Toastmasters Advanced Roundtable Speech club member 2008
- Toastmasters 2008 1<sup>st</sup> Place Club International Speech Award
- Toastmasters 2008 1<sup>st</sup> Place Area 5 International Speech Award
- Practitioner Education Committee 2007 – present
- CCNH Recycling Committee – Co-chairman 2007 – present
- Research Committee Chairman – Traditional Naturopathy Book 2007 – Present
- Jones Valley Urban Farms – CCNH committee member 2007- current
- Volunteer –Seed to Plate community activity 2008, 2009
- Scholarship committee member 2007
- CCNH Race for a Cure team member and race finisher 2007
- Tranquility - Hospice / volunteer and established Volunteer Massage Therapy Program and Standards 2002- 2003
- Tranquility - Hospice / volunteer – staff support, education and orientation in the field of natural health alternatives including nutrition, dietary recommendations, lifestyle management, and the interconnections between the mind /body and its effects on wellness and disease. 2002- 2003